



OCTOBER TENTATIVE EVENTS Page | 1

ENTERTAINMENT:

The Red Satins

Wednesday, October 7
7:30pm, Auditorium

Bow Tree Brass Band

Wednesday, October 14
7:30pm, Auditorium

Massimo

Friday, October 30
At the Halloween Party
He starts at 3:00pm, Auditorium

TRIPS:

Longwood Gardens

Monday, October 12
Depart at 9:30am
Sign Up in Book #1
\$26.00 per person (& lunch on your
own at the café there)

Single Mingle- Bird in Hand

Smorgasbord

Tuesday, October 13
Depart at 11:15am
Sign Up in Book #1
\$25.00pp

ROMEO Trip- VK Brewing Co & Eatery

Thursday, October 22
Depart at 11:35am
Sign Up in Book #1 ,

Red Hatters- VK Brewing Co & Eatery

Friday, October 23
Depart at 11:35am
Sign Up in Book #1

Ruthie's Boutique (Shopping)

Then Lunch at Diener's
Tuesday, October 27
Depart at 9:30am
Sign Up in Book #1

IN-HOUSE EVENTS:

Men's Coffee

Thursday, October 1
8:00am, Vineyard Room

RAC Meeting

Thursday, October 1
10:30am, Auditorium

Photo Club

Thursday, October 1
3:00pm, Auditorium

Week of Wellness & Wellbeing Week ("W.O.W Week")

Begins on Monday, October 5
1:00pm **KICK-OFF!!**, Auditorium
*Please check daily schedules for
activities!!

Memory Care Support Group

Monday, October 5
1:30pm , Memory Care Dining Room

Lapp's Farmstand (Manor Farm)

Tuesdays, October 6 & 20
10am-12:00pm, Atrium

Qi Gong Sample Class

Tuesday, October 6
1:00pm, Auditorium
(An ancient Chinese practice that
combines movement, breath, and



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meditation to cultivate and balance the
body's vital energy.

FVB Variety Show

Tuesday, October 6th

2:30pm, Auditorium

****Sign Up In Book #2 Now**

if you have an act to do!

**Contact Nancy Bryan or Activities Staff
if you have questions.*

Ridley Park Mammal Presentation

Wednesday, October 7

1:00pm, Auditorium

Dividat Assessments & Orientation

By Jackie Pitcher

Wednesday, October 7

8-10am, 1-3pm

Fitness Center

“The Mind Diet” by Megan Brenner Dietician

Wednesday, October 7

3pm, Aud

Healthy Cooking Demo by Chef Gilles

Wednesday, October 7

3:30pm, Auditorium

Women's Coffee

Thursday, October 8

9:00am, Vineyard Room

Country Line Dancing

Thursday, October 8

1:00pm, Auditorium

Social Mocktail Experience

Thursday, October 8

3:00pm, Atrium

The Mystery Dinner Experience-

Thursday, October 8 (at Dinner
seatings)

*Make a reservation in the portal,
Click on Mystery Dinner Experience, &
The Dining Team will assign your seat

FVB Walk To End Alzheimer's

Friday, October 9

Start at 10:30am, Village Green

*No Sign Up Required

Spintopia

Friday, October 9

1:00pm, Auditorium

“Technology & Digital Wellness” by Jackie Pitcher

Friday, October 9

3:30pm, Aud

“Stress Reduction & Sleep Wellness” Webinar

Saturday, October 10

***Life & Tea Experience (During The
Webinar)**

1:00pm, Auditorium

Yard Games in The Village Green

Sunday, October 11

1:00pm- 2:30pm



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Meditation Class by Roberta Matz

Sunday, October 11

2:00pm, Auditorium

W.O.W. Week Culmination Event

Monday, October 12 –

time- TBD, Auditorium

**(Check the Weekly for time)

Pumpkin Decorating Contest

Pick up your pumpkin in the Activities Office (Floor 2) on Tues., 10/13; Return the decorated pumpkin to

The Activities Office on 10/19;

The 3 Categories are: Best Character Pumpkin, Best Use of Materials, Most Unrecognizable Pumpkin. (Voting will be held from 10/21 to 10/23.)

*(Winner Announced at The Halloween Party)

Wine Tasting

Wednesdays, October 14 & 28

(Napa Valley wines) 2:30pm,

The Chesapeake

* \$5.00pp cash at the door

Village Meeting

Thursday, October 15

10:30am, Auditorium

Dining Services Meeting

Thursday, October 15

2:30pm, Auditorium

Activities Meeting

Friday, October 16

10:00am, Auditorium

Short Story Group

Tuesday, October 20

1:30pm, Learning Center

Exton Shuttle for (Bosco's Shopping Day)

Wednesday, October 21

Depart at 9:00am or Depart at 12:00pm (Must sign Up in Book #1

Trivia

Wednesday, October 21

7:30pm, Auditorium

Sign Up in book #2

Juliets Group

Thursday, October 22

12:00pm, Dining

Must sign Up in Book #2

RAC 4th Floor Meeting

Thursday, October 22

10:00am, Chesapeake Rm

Book Discussion Group

Tuesday, October 27

10:00am, Card Room

**4th Tues of the month*

Registered Nurses & Medical Doctors Luncheon

Tuesday, October 27, 11:30am

Vinyard Room, MUST Sign Up in Book #2

Bingo

Wednesday, October 28

7:30pm, Auditorium

Monthly FVB Fitness Center



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Orientation

Thursday, October 29
1:30pm, Sign Up In Book #2

Halloween Party

Friday, October 30
2:30pm-4pm
~2:30pm Costume Parade Begins
~3-4pm Massimo Singing
Auditorium, Sign Up in Book #2
*(For FVB Residents Only)

Rummikub

Sundays at 6pm, In Card Room

Euchre

10:00am on Mondays, Card Room

Backgammon

Mondays, 11:00am
Card Room

Poker

Mondays & Fridays
1:00pm, Game Rm

Walking Club

Mondays, Wednesdays, & Friday
1:00pm, *Meet at Front doors
*Weather permitting

FVB Cornhole Open Play

10:30am on Tuesdays
Auditorium
*Questions- Contact Don Pflieger
*Canceled on 10/6 & 10/13

Mah Jongg

Tuesdays & Fridays
1:00pm, Card Room

Ping Pong

3:00pm Tuesdays & Fridays 9:00am
Auditorium , *Canceled on 10/6 &
10/13

French Conversation Group

3:30pm, Tuesdays
The Learning Center

Mexican Train Dominos

7:30pm, Card Room
on Tuesdays & Fridays

Chess Club

Wednesdays
10:30am, Card Room

Pinochle

1:00pm Wednesdays, Card Room

Scrabble

Every Wednesday, 1-4pm
Creative Arts Room
*ALL levels welcome

Village Singers Practices

Wednesdays
2:00pm, Auditorium
*Canceled on 10/7

Shuffleboard

Saturdays 10:00am &
Sundays 2:00pm, Billiards Rm

SHUTTLES (*Sign Up in Book #1) :

Thorndale Shuttle

Wednesdays: 7,14,21,28
(FVB #1 RUN: 9:00am, then pick up at
10:15am PROMPTLY)



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(FVB #2 RUN: 10:30am, then pick up at
12:30pm PROMPTLY)

Wegmans, Bank, or The Dollar Tree

Wednesdays: 7,14,21,28

Depart: 1:00pm

Parkesburg Walmart

Friday, October 30

Depart at 10:30am

**Pick up time is 12pm*

CVS & Wawa

Fridays: 2,9,16,23,30

Depart: 2:30pm

Shady Maple Shuttle

*(Quarterly)*Occurs next in November*

Westtown Amish Market

**(Once per Quarter, Next in December)*

*****If you need to cancel your spot on
shuttle last minute call the front desk
or Transportation office please.***

EXERCISE CLASSES:

Rhythm & Waves

Mondays & Fridays

8:30am, 9:30am, Pool

Chair Yoga

Mondays

11:30am Auditorium

Full Body Workout w/Balance

Mondays & Fridays

10:30am, Auditorium

Sit & Fit

Tuesdays & Thursdays

9:00am, Auditorium

**Canceled on 10/8*

Swim Lessons

Tuesdays

10-10:45am, Pool

Achieving Balance with Tai Chi

Wednesdays

9:00am, Auditorium

Aqua Fit

Wednesdays 8:30am, Pool

Silver Age Yoga

Wednesdays and Saturdays

10:30am Auditorium

Low Impact Aerobics

Wednesdays, 11:45 am

Auditorium

Dance Class w/Sandra Dee

Thursdays, 1:00pm

Auditorium

Aqua Exercise

Saturdays, 9:00am, Pool

HEALTH RELATED:

Dividat Machine:

**Sign Up Sheets are in the thin, white
Dividat Binder on 2nd Floor*

**Contact Jackie Pitcher with Questions*

Bayada Health Talk by Chris Rossiter

Thursday, October 8

2:00pm, Auditorium, Topic-TBD*



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Vaccine Clinics

Fri. 10/2 12-4pm

Thurs. 10/8 10am-12:30pm

Tues 10/13 1-4pm

Auditorium,

~Sign Up in thin white Binder 3#

*Contact Lisa Bernard with all questions
the Wellness Nurse

Bayada Coffee Chat by Chris

Friday, October 23

10:00am, Vineyard Rm

Lifelong Learning Classes :

“Famous Artists: Georgia O’Keefe”

Presentation - Friday, October 9

2:00pm, Auditorium

LLL Continued - “Perspectives on The American Revolution” by David

Hudiak , 1:30-2:45pm

Mondays Oct 5, 12

5 week class: “Early American Jews and their Influence on the Founding of the United States”

on Oct 19, 26 , Nov 2, 9, 16 , \$25pp ,
Mondays 1:30-2:30pm, in Chesapeake
Room. Given by Roberta Matz ; Sign up
in Book #2

~~Your signature is your commitment to pay
for this course whether you come to 1 or all the
classes.

CHURCH SERVICES:

Catholic Communion

Every Sunday at
10:30am, Auditorium

Old Paths Baptist Church Service

Tuesday, October 6

7:00pm, Auditorium

1st Tuesday each month

Bible Fellowship

Fridays, 10:30am

Card Room, *(Workbook recommended)*

****Please see the info. in Binder #2 for
new workbook asap!**

Pastor Chris Franz

Sunday, October 25

4:15pm, Auditorium

w/Holy Communion

4th Sunday each month

Our Lady of The Rosary Catholic Church: Father Daniel

Wednesday, October 28

10:30am, Gardens Great Room

(Usually Last Wed. every month)

Uniquet “Questions & Answers”

(formerly known as Touchtown)

Thursday, October 29

11:00am, Card Room

***** (at the round table in the corner)***

*****Please view Uniquet for ALL frequent
updates (use the website or the
smartphone app)***