

ENTERTAINMENT: Steve Tross Bow Tree Brass

Tuesday, March 4 Atrium 3-4pm

Alice Marie

Wednesday, March 5 7:30pm, Auditorium

Jim Daly Magic Show

Wednesday, March 12 7:30pm, Auditorium

Charlie Zahm at the

St. Patrick's Day Party Monday, March 17, 12-2pm Auditorium, Sign up in Book #2 *One Meal Ticket per person*

TRIPS:

Single Mingle- Texas Roadhouse Tuesday, March 11 Depart at 3:40pm

Sign up in Book #1

Sight & Sound Theater- "Noah" Thursday, March 13

Depart at 9:00am, Lunch after the show at Hershey's Restaurant

Ruthie's Apparel Shop

Tuesday, March 25 Depart at 9:30am Then lunch at Dienner's Restaurant after; Sign Up in Book #1

ROMEO Trip- Brickside Grille

Thursday, March 27 Depart at 11:35am Sign Up in Book #1

Red Hatters Trip- Brickside Grille

Friday, March 28 Depart at 11:35am Sign Up in Book #1

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# IN-HOUSE EVENTS:

Mardi Gras Celebration in The Atrium Tuesday, March 4, 3-4pm \*Steve Tross Bow Tree Brass

### Donut Sale (Scholarship Committee)

Tuesday, March 4<sup>h</sup> 10:00am, Atrium

#### Elmer Lapp's Farmstand (Manor Farm) 10am-1pm

Tuesdays, March 4 & 18 Atrium (cash or card) 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays

# **Artists Get Together**

Tuesdays, 4, 11,18, 25 at 1:30pm, Creative Arts Room

# Mah Jong Class- Learn to Play

American Mah Jong. (With the card!) Tuesdays, March 4, 11, 18 ; 3-4 p.m. in Card Rm. No charge. Sign up in Book #2

### Ash Wednesday Ashes

Wednesday March 5 10-11am <u>and</u> 1-2pm Creative Arts Room



#### Village Players: "The Dastardly Dr. Deveraux"

Shows: Friday, March 7 & Saturday, March 8 1:00pm, Auditorium Donations accepted at doors

# Men's Coffee

Thursday, March 6 8:00am, Vineyard Dining Room

# **RAC Meeting**

Thursday, March 6 10:30am, Auditorium

## Monthly FVB Fitness Center Orientation

Tuesday, March 11<sup>th</sup>, 2:00pm Sign Up In Book #2 2<sup>nd</sup> Tuesday each month

New- Swim Lessons Tuesdays Starting March 11 10am-10:45am , Pool Sign Up in Book#2 It's never to late to learn a new skill!! If swimming has been on your bucket list now is the time to achieve that goal.

# **Common Bond Support Group**

Wednesday, March 12 1:30pm, Creative Arts Rm (A support group for those who are caregivers or spouses of residents with dementia or chronic health conditions)

# Wine Tasting

Wednesday, March 12 & 26 2:30pm in Chesapeake Room, \$5 cash at the door

# Women's Coffee

Thursday, March 13<sup>th</sup> 9:00am, Vineyard Dining Room

# **Drawing & Painting Class- "The**

Seasons-Part I" Fridays: March 14, 21, 28 & April 11,18, 25 1:30pm, The Creative Arts Room Sign Up in Book #2

> **Townhall Health Fair** Friday, March 14 2:00-3:30pm, Auditorium

# St. Patrick's Day Party

Monday, March 17, 12-2pm Auditorium, Sign up in Book #2 One Meal Ticket per person

### **Short Story Group**

Tuesday, March 18 1:30-3:00pm, The Learning Center

# **Cooking Demo**

Tuesday, March 18 3:00pm, Auditorium

#### Village Singers Rehearsals Wednesdays Mar 12,19,26

2:00pm, Auditorium (*No Practice on 3/5*)



### **Coffee & Conversation**

Wednesday, March 19 10:00am, Gardens' 3<sup>rd</sup> Floor Library

### TRIVIA

Wednesday, March 19 7:30pm, Auditorium Sign up your team in Book #2

### **Village Meeting**

Thursday, March 20<sup>th</sup> 10:30am, Auditorium

# Village Singers Memorial Day Practice

Thursday, March 20<sup>th</sup> 2:00pm, Auditorium

### **Class- "Fall Prevention, A Matter of**

Balance", 8 weeks starting March 20, 9:30-11:30am, Card Room; Sign Up in Book#2, No Cost

### **Dining Services Meeting**

Thursday, March 20<sup>th</sup> 2:30pm, Chesapeake Rm

#### **Meditation Class-Continued**

in The Learning Center, \$50.00 per person, 2pm-3pm (Thursdays: March 6, 13, 20), Instructor Laurie Robinson

#### Activities Meeting Friday, March 21<sup>st</sup> 10:00am, Auditorium

#### **Book Discussion Group**

Tuesday, March 25<sup>th</sup> 10:00am, Card Room \*4<sup>th</sup> Tues of the month **Bingo** Wednesday, March 26<sup>th</sup> 7:30pm, Auditorium

> **Birthday Bash** Friday, March 28<sup>th</sup> 3:00pm, Atrium

#### **Cornhole League**

Tuesdays, 10:30am Auditorium Questions- Contact Don Pflieger Sign Up in Book #2 <u>if new</u> participant

#### Rummikub

Sundays at 6pm, In Card Room

**Euchre** 10:00am on Mondays, Card Room

#### **FVB Recorders**

Mondays 12:30pm-2:00pm Auditorium

#### Poker

Mondays & Fridays 1:00pm, Game Rm *(looking for more players\*)* 

#### Ping Pong

3:00pm Tuesdays & Fridays 9:00am Auditorium (None on 3/4)

# Pinochle

1:00pm Wednesdays, Card Room

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# SHUTTLES (\*Sign Up in Book #1) :

**Exton Mall** Tuesday, March 4<sup>th</sup>

Depart: 10:30am

# **Thorndale Shuttle**

Wednesdays- March 5,12,19,26 (FVB #1 RUN: 9:00am, then pick up at 10:15am PROMPTLY) (FVB #2 RUN: 10:30am, then pick up at 12:30pm PROMPTLY)

# Wegmans, Bank, or The Dollar Tree

Wednesdays- March 5,12,19,26 Depart: 1:00pm

Westtown Amish Market Friday, March 7<sup>th</sup> Depart: 10:30am

### CVS & Wawa

Fridays- March 7,14, 21,28 Depart: 2:30pm

### **Crops Market**

Tuesday, March 11 Depart: 10:30 am

# Shady Maple

Friday, March 14<sup>th</sup> Depart: 10:30am

### **Trader Joe's**

Friday, March 21<sup>st</sup> Depart: 10:30am

\*If you need to cancel your spot on shuttle <u>last</u> <u>minute</u> call the front desk or Transportation office please.

# EXERCISE CLASSES:

Rhythm & Waves Mondays & Fridays 8:30am, 9:30am, Pool \*(No 9:30am class on 3/3)

# Tai Chi

Mondays 9:30am Auditorium \*No Class on 3/17

# Chair Yoga

Mondays 11:30am Auditorium No Class on 3/17

## Full Body Workout w/Balance

Mondays & Fridays 10:30am, Auditorium No Class on 3/17

# Sit & Fit

Tuesdays & Thursdays 9:00am, Auditorium

\*\*New Swim Lessons Tuesdays Starting March 11 10-10:45am, Pool Sign Up in Book#2

# Achieving Balance with Tai Chi

Wednesdays 9:00am, Auditorium

**Aqua Fit** Wednesdays 8:30am, Pool

# Silver Age Yoga



Wednesdays and Saturdays, 10:30am Auditorium

### Low Impact Aerobics

Wednesdays, 11:45 am Auditorium

# Dance Class w/Sandra Dee

Thursdays, 1:00pm Auditorium (No Class on 3/6 & 3/27)

### Aqua Exercise

Saturdays, 9:00am, Pool

### **HEALTH TALKS:**

Bayada Health Talk (Topic-TBD) Date – TBD 2:00pm, Auditorium

# Bayada Coffee Chat

10:00am, Friday, March 28<sup>th</sup> Vineyard Room

### <u>Lifelong Learning Classes:</u> <u>Women Entrepreneurs</u>

By Roberta McManus & Roberta Matz (5 Weeks) Mondays: Mar 10, 17, 24, 31, Apr 7 \$25.00 per person; @ 1:30pm, in Learning Center; Sign Up in Book #2

# Thursday Speaker Series:

"Women Spies of WWII" by Roberta Matz Thursday, March 27<sup>th</sup> 2:00pm, No Cost, Auditorium

# West Chester Cardiology

2<sup>nd</sup> and 4<sup>th</sup> Thursday of each Month

(See Book #2 or The Wellness Office for more info.)

#### CHURCH SERVICES: Catholic Communion

Every Sunday at 10:30am, Auditorium

# **Old Paths Baptist Church Service**

Tuesday, March 4<sup>th</sup> 7:00pm, Auditorium 1<sup>st</sup> Tuesday each month

Bible Fellowship 10:30am, Card Room

Fridays: March 7,14,21,28

## **Pastor Chris Franz**

Sunday, March 23<sup>rd</sup> 4:15pm, Auditorium w/Holy Communion 4<sup>th</sup> Sunday each month

# Father Juan from

Our Lady of The Rosary Catholic Church Wednesday, 26<sup>th</sup> 10:30am, Gardens Great Room (Last Wed. every month)

NEW- Taize Worship Sunday, March 30<sup>th</sup> Time 4:00pm, Auditorium

# TOUCHTOWN/Uniguest:

"Questions & Answers" Wednesday, March 19<sup>th</sup> 1:30pm, Card Room (at the round table in the corner)



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\*\*Please view Uniguest, (aka Community Apps aka <u>Touchtown</u>) for ALL frequent updates (use the website or the smartphone app)

UPCOMING EVENTS: **Community Passover Model Seder** Monday, April 1, 2p.m. in the Chesapeake Room, \$5 per person; Sign up in Book 2

# Trip to Talbot's:

Thursday, April 3 Depart at 8:45am promptly. \*\*30% off all purchases, and 3x the earned Talbots Points Sign Up in Book #1