

Page | 1

ENTERTAINMENT:

The Norristown Band

Wednesday, July 2 7:30pm, Auditorium

Kevin Galm

Wednesday, July 9 7:30pm, Auditorium

TRIPS:

Single Mingle-Pomodoro's

Tuesday, July 8 Depart at 12:00pm Sign up in Book #1

ROMEO Trip- Chophouse Grille

Thursday, July 24 Depart at 11:40am Sign Up in Book #1

Red Hatters Trip- Chophouse Grille

Friday, July 25 Depart at 11:15am Sign Up in Book #1

IN-HOUSE EVENTS: Artists Get Together

Tuesdays- 1, 8, 15, 22, 29 at 1:30pm, Creative Arts Room

Men's Coffee

Thursday, July 3 8:00am, Vineyard Dining Room

RAC Meeting

Thursday, July 3 10:30am, Auditorium

FVB July 4th Program

Friday, July 4 10:30am, Auditorium

Warren Strawsnyder's 100th Birthday

Monday, July 7 2:00pm, Auditorium

Elmer Lapp's Farmstand (Manor Farm) 10am-1pm

Tuesdays, July 8 & 22 Atrium (cash or card)

Monthly FVB Fitness Center Orientation

Tuesday, July 8, 2:00pm Sign Up In Book #2 2nd Tuesday each month

Wine Tasting

Wednesdays, July 9 & 23 2:30pm, Chesapeake Room (9th=Spanish Red Wines; 23rd= Spanish Cava/Champagne)

Women's Coffee

Thursday, July 10 9:00am, Vineyard Dining Room

Bob Kuhn's Photo Presentation "The Frozen North", Friday, July 11 2:00pm, Auditorium

Dementia Support Group

Monday, July 14, 1:30pm Memory Care Dining Room

Putting Tournament Championship

Monday, July 14 3:00pm, The Putting Green



Page | 2

90 Memory Lane Group

Tuesday, July 15 11:00am, Card Rm Contact- Vivian Faust

FVB Anniversary Party!

Thursday, July 17
Dinner seatings= 4pm & 6pm
*See Details in The Bugle

Amish History Lecture

Friday, July 18 2:00pm, Auditorium

Cooking Demo

Monday, July 21 3:00pm, Auditorium

Book Discussion Group

Tuesday, July 22 10:00am, Card Room *4th Tues of the month

Short Story Group

OFF in July & August

TRIVIA

Wednesday, July 23 7:30pm, Auditorium Sign up in Book #2

The Village Meeting

Thursday, July 24 10:30am, Auditorium

Dining Services Meeting

Thursday, July 24 2:30pm, Auditorium

Birthday Bash

Friday, July 25 3:00pm, Atrium

Activities Meeting

Friday, July25 10:00am, Auditorium

Bingo

Wednesday, July 30 7:30pm, Auditorium

Open Play Cornhole

Tuesdays, 10:30am Auditorium Questions- Contact Don Pflieger

Rummikub

Sundays at 6pm, In Card Room

Euchre

10:00am on Mondays, Card Room

FVB Recorders

Mondays 12:30pm-2:00pm Auditorium

Poker

Mondays & Fridays 1:00pm, Game Rm (looking for more players*)

Ping Pong

3:00pm Tuesdays & Fridays 9:00am Auditorium

Pinochle

1:00pm Wednesdays, Card Room



Page | 3

SHUTTLES (*Sign Up in Book #1) : Exton Mall

Tuesday, July 1 Depart: 10:30am

Thorndale Shuttle

Wednesdays- 2,9,16,23,30 (FVB #1 RUN: 9:00am, then pick up at 10:15am PROMPTLY) (FVB #2 RUN: 10:30am, then pick up at 12:30pm PROMPTLY)

Wegmans, Bank, or The Dollar Tree

Wednesdays- 2,9,16,23,30 Depart: 1:00pm

Westtown Amish Market OFF this month

CVS & Wawa

Fridays- 11, 18, 25 (NO Shuttle July 4th)
Depart: 2:30pm

Crops Market

Tuesday, July 8 Depart: 10:30am

Shady Maple

Friday, July 11 Depart: 10:30am

Trader Joe's

Friday, July 18 Depart: 10:30am

*If you need to cancel your spot on shuttle last minute call the front desk or Transportation office please.

EXERCISE CLASSES:

Rhythm & Waves

Mondays & Fridays 8:30am, 9:30am, Pool

Chair Yoga

Mondays 11:30am Auditorium

Full Body Workout w/Balance

Mondays & Fridays 10:30am, Auditorium

Sit & Fit

Tuesdays & Thursdays 9:00am, Auditorium

Swim Lessons

Tuesdays 10-10:45am, Pool Sign Up in Book#2

Achieving Balance with Tai Chi

Wednesdays 9:00am, Auditorium

Aqua Fit

Wednesdays 8:30am, Pool

Silver Age Yoga

Wednesdays and Saturdays 10:30am Auditorium (*No Class on 7/5, 7/16)

Low Impact Aerobics

Wednesdays, 11:45 am Auditorium

Dance Class w/Sandra Dee



Thursdays, 1:00pm Auditorium

Aqua Exercise

Saturdays, 9:00am, Pool

HEALTH TALKS:

Bayada Health Talk

Thursday, July 10 2:00pm, Auditorium

Bayada Coffee Chat

10:00am, Friday, July 25 Vineyard Room

Lifelong Learning Classes:

*On a break until Fall

West Chester Cardiology

2nd and 4th Thursday of each Month (See Book #2 or The Wellness Office for more info.)

CHURCH SERVICES:

Catholic Communion

Every Sunday at 10:30am, Auditorium

Old Paths Baptist Church Service

Tuesday, July 1 7:00pm, Auditorium 1st Tuesday each month

Bible Fellowship

Fridays, 10:30am Card Room

Pastor Chris Franz

Sunday, July 27 4:15pm, Auditorium w/Holy Communion 4th Sunday each month

Page |4

Father Juan from Our Lady of The Rosary Catholic Church

Wednesday, July 30 10:30am, Gardens Great Room (Last Wed. every month)

TOUCHTOWN/Uniquest:

"Questions & Answers"

Wednesday, July 30 1:30pm, Card Room (at the round table in the corner)

**Please view Uniguest, (aka Community Apps aka <u>Touchtown</u>) for ALL frequent updates (use the website <u>or</u> the smartphone app)